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Lire des ebooks Apéros - Eric Fréchon Eric Frechon PDF, ePub, mobi, Dans la nouvelle collection "Un chef dans ma cuisine", Eric Frechon, grand chef triple étoilé, vous propose 30 recettes d'apéro, raffinées, simples à réaliser et accessibles à petit prix.

- Mettant son savoir-faire à la portée de tous, Eric Frechon vous livre ici, à travers **30 recettes gourmandes, les secrets d'un apéro réussi** : crevettes tigrées au saté, tempura aux asperges, chips de pommes de terre farcis aux anchois et basilic, pain marbré à la tapenade, sablé au parmesan, chèvre et petits légumes, carpaccio de thon mi-cuit, mariné au soja et sésame, chèvre pané aux fruits secs, figue et mozzarella au citron vert...

- Pour chaque recette, **1 photo du plat réalisé** et **1 photo des ingrédients**.

- Pour chaque recette, **le conseil du chef** pour vous faciliter la vie en cuisine.

Les apéros d'Eric Frechon est un concentré de bonnes idées et de recettes adaptées à la vie quotidienne, faciles et originales. Alors n'hésitez plus, ressortez votre toque et tous aux fourneaux !

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