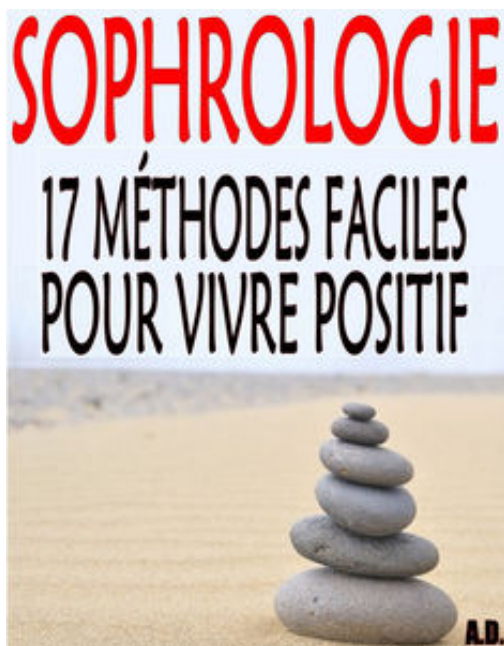


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- vous créer des outils de visualisation positive
- chasser le négatif de votre corps et de votre esprit
- vous accepter vous-même
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Dans quelques instants, la sophrologie vous révélera les potentiels que vous ignorez !

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