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ISABELLE FILLIOZAT

Au cœur des émotions de l'enfant



Comprendre son langage,
ses rires et ses pleurs

JC Lattès

Lire des ebooks Au coeur des émotions de l'enfant Isabelle Filliozat PDF, ePub, mobi, Quentin se roule par terre dans le supermarché, Lucie pleure toutes les larmes de son corps parce que son ballon a éclaté, François se réveille toutes les nuits parce qu'un monstre le poursuit, Pierre est terrifié par les tunnels...

Les parents sont souvent démunis devant les émotions de leurs enfants. Que faire devant les larmes ? Que dire face aux hurlements ? Comment réagir vis-à-vis des paniques ? Que dire aussi à Paul qui a perdu son papa ? à Mathilde, atteinte d'un cancer ? à Simon dont les parents divorcent ?

Voici un livre très concret qui, puisant ses exemples dans le quotidien, vous aidera à accompagner votre enfant vers l'autonomie, à retrouver le contact avec votre propre enfance et à aller vers davantage d'harmonie familiale.

Isabelle Filliozat est psychothérapeute et mère de deux enfants. Elle accompagne adultes et enfants dans leur cheminement vers plus de liberté et de bonheur depuis près de vingt ans. Elle est l'auteur de cinq livres, dont

L'Intelligence du coeur paru chez le même éditeur.

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If you realise your au coeur des émotions de l'enfant so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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