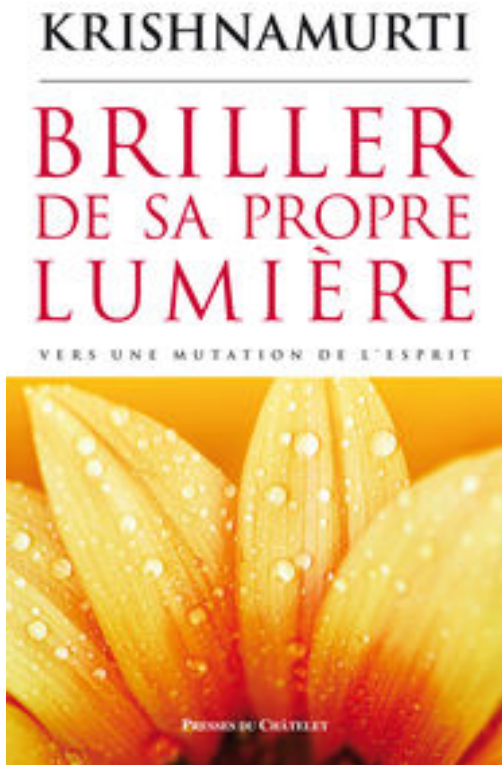


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Krishnamurti rappelle dans cet essai les principes spirituels fondateurs de sa pensée : nous sommes la société, nous sommes un désordre qu'il faut surpasser pour atteindre un renouveau de l'esprit qui seul permet l'action juste. La violence et la souffrance sont un héritage polluant. Il faut libérer notre mental, engoncé dans les conditionnements et les savoirs. C'est dans le silence et le calme que l'on peut retrouver un esprit vif, frais et innocent.

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