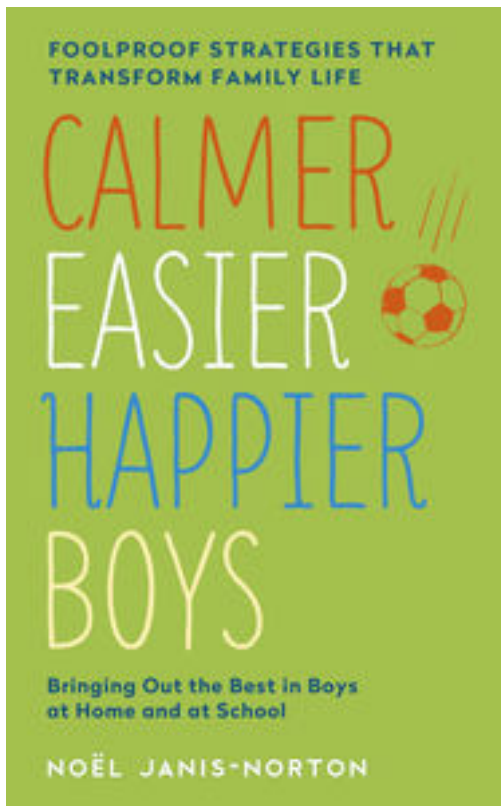


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Using the foolproof techniques Noel has developed over many years of working with families, parents *can* get back in charge. Living with boys *can* become calmer, easier and happier.

This useful and highly readable book tackles:

- Self-reliance and common sense
- Concentration and impulse control
- Defiance, disrespect or aggression
- Social skills and peer relationships
- Dependency on electronics
- Homework and academic success
- Empathy and consideration for others

- Helping around the home

Full of practical suggestions and techniques that work, *Calmer Easier Happier Boys* will help you to transform your relationship with your sons.

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'I'm so proud of the young man he's become, caring, hard-working, confident.'

'He suddenly seemed more grow-up.'

'The turnaround was almost like a miracle! It felt like we had a life again'

FOR PARENTS OF BOYS AGED 3-13

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