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Lire des ebooks Demain j'étais folle Arnhild Lauveng PDF, ePub, mobi, Les ombres s'épaississent, le trottoir est devenu trop haut, le Capitaine hurle de ne plus manger, de ne plus dormir et de s'infliger des coups... Il faudrait fuir, mais le couloir derrière la porte est jonché de crocodiles. Aujourd'hui guérie de cette schizophrénie réputée inguérissable, Arnhild Lauveng est devenue psychologue, comme elle en rêvait depuis toujours. Avec la plus grande sobriété, elle raconte les premiers signes de la maladie, la terreur, les parents et les amis qui s'affolent, l'hospitalisation et la lente rémission. Devenu un classique international, ce témoignage est à la fois sidérant et infiniment précieux. Il porte un formidable message d'espoir, et, comme le dit Christophe André, « traverser la nuit de la maladie aux côtés d'une personne qui s'en est sortie est exceptionnel ». Préface de Christophe André. Traduit du norvégien par Alex Fouillet.

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