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Lire des ebooks *Essaye encore !* Karine Aubry PDF, ePub, mobi, Pas toujours simple de bien gérer la relation avec son équipe, son boss, ses collègues ! Comment satisfaire un chef ultra exigeant ? Comment s'investir quand les autres sont démotivés ? Comment surmonter la résistance d'un collaborateur ? Comment avoir confiance quand les autres en manquent ? Comment mieux vivre les conflits ? Estelle Boutan et Karine Aubry vous présentent une démarche innovante, parfois surprenante pour répondre à ces questions. S'appuyant sur l'approche de l'École de Palo Alto, elles vous aident à changer de stratégie quand toutes vos solutions, même répétées, n'ont rien donné. En sept étapes, les auteures vous guident à la découverte du jeu des interactions, et vous montrent comment la logique paradoxale permet de retrouver du pouvoir sur les situations qui vous échappaient. Muni de nouvelles clés, vous apprenez à déjouer les pièges relationnels sur un mode gagnant-gagnant. Pédagogique et richement illustré de cas d'entreprise, cet ouvrage s'adresse à tout manager, cadre, RH, ou encore coach ou intervenant en

entreprise. Il offre une bouffée d'oxygène pour transformer en cercle vertueux les relations au travail, et vous inspirera avec ses trésors de métaphores, de contes et son jeu des 7 familles.

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