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Lire des ebooks Infertilité : mon guide vers l'espoir Déborah Schouhmann-Antonio PDF, ePub, mobi, Vous essayez d'avoir un enfant et le temps vous semble long ? Savez-vous qu'infertilité ne signifie pas stérilité ? Et qu'un couple sur six éprouve des difficultés à avoir un enfant... ? Quelles sont les causes de l'infertilité ? Quand faut-il consulter ? Comment préserver sa vie de couple et son intimité ? Quelles solutions regroupent la PMA (Procréation Médicalement Assistée) ? Comment bien vivre ce parcours ? Comment accepter de devenir parents autrement ?

Écrit par une coach en périnatalité elle-même passée par la case PMA, cet ouvrage aussi sérieux que bienveillant deviendra votre compagnon de route pour mieux vivre ce chemin vers la vie. Richement documenté, il répondra aux questions que vous n'osez pas poser, vous expliquera toutes les étapes et vous proposera des solutions d'accompagnements (hypnose, acupuncture, sophrologie, ostéopathie).

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