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Lire des ebooks Je suis un zèbre Tiana PDF, ePub, mobi, Le premier témoignage d'une adolescente surdouée. Tiana se sent mal nommée quand on lui dit qu'elle est surdouée, comme un zèbre pris pour un cheval. Depuis toute petite, elle tourne dans l'enclos de questionnements et d'angoisses bizarres. Au collège, elle souffre de se sentir différente. « À l'adolescence, on veut juste être normal. » Elle a beau essayer de « faire semblant », sa différence en fait une proie, elle devient l'objet de moqueries et de brimades. Alors qu'elle était une excellente élève, elle décroche scolairement, sombre dans la dépression, est hospitalisée ; les médecins, perdus, la traitent un temps pour schizophrénie. Jusqu'au diagnostic qui la sauve : enfant précoce, avec la compréhension de ces particularités si impalpables des surdoués : acuité d'esprit, hypersensibilité et sentiment de décalage. Peu à peu, Tiana va se libérer, s'approprier, se réconcilier avec elle-même et avec les autres. Un livre avec ses mots à elle, authentique, émouvant, percutant, qui aidera les enfants et ados concernés, ainsi que leurs parents, à trouver leur force, leur fierté et leur chemin.

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