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**UN SUCCES MONDIAL  
UN MILLION D'EX.  
VENDUS**

**Lire des ebooks La Discipline positive Béatrice Sabate & Jane Nelsen PDF, ePub, mobi**, Si vous êtes parent, vous souvenez-vous du temps où les enfants n'auraient jamais osé vous contredire où vous répondre avec impertinence ?

Si vous êtes enseignant, vous souvenez-vous de l'époque où les enfants s'asseyaient sagement dès qu'on le leur demandait ?

Aujourd'hui, de nombreux parents et enseignants sont frustrés par le comportement des enfants, bien éloigné des manières qu'ils ont connues.

La Discipline Positive de Jane Nelsen leur offre de façon pragmatique une méthode éducative, ni permissive ni punitive, dans un cadre à la fois ferme et bienveillant. Ferme, pour respecter le monde de l'adulte et bienveillant, pour respecter celui de l'enfant.

Cette méthode permet aux enfants, quel que soit leur âge, de développer avec confiance les compétences de vie dont ils ont besoin pour devenir des adultes épanouis. De nombreux exemples concrets et des solutions pratiques viennent enrichir l'ouvrage ainsi qu'une « boîte à outils » à la fin de

chaque chapitre. Autant de repères pour une mise en pratique au quotidien.

Mettre en confiance, encourager, impliquer et faire grandir l'enfant, voilà ce que propose la Discipline Positive. Un nouvel élan éducatif !

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