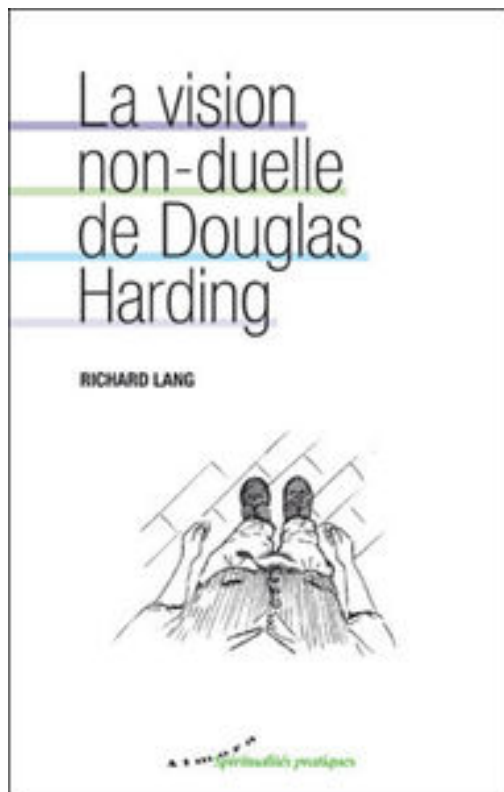


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Lire des ebooks La vision non-duelle de Douglas Harding Richard Lang PDF, ePub, mobi, Comment accéder au message central des spiritualités du monde ? Comment trouver ce trésor de paix et de connaissance dont les textes et les maîtres nous parlent ? Richard Lang expose ici de manière simple et claire la voie d'un philosophe et mystique anglais de génie Douglas Harding (1909-2007) reconnu comme un des plus grands sages du xxe siècle. Cette voie est un chemin direct vers notre source intérieure. Dans ce livre, Richard Lang nous guide pas à pas dans cette méthode révolutionnaire d'éveil à soi-même. Il nous présente les principales expériences de Douglas Harding avec de nombreux dessins et ce qu'elles peuvent changer dans notre vie. Richard Lang accompagne sa présentation de citations de grands maîtres spirituels et fait le lien avec le bouddhisme, le christianisme, le taoïsme et l'advaita vedânta

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