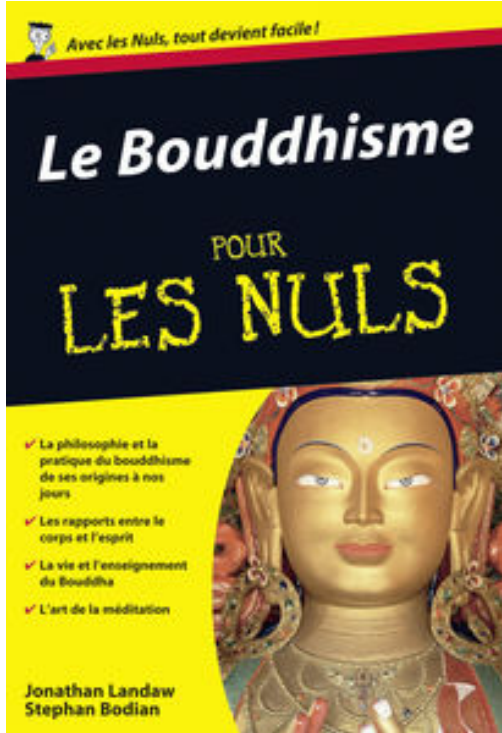


Lire Des Ebooks Le Bouddhisme Pour Les Nuls Jonathan Landraw & Stephan Bodian PDF, EPub, Mobi



Lire des ebooks Le Bouddhisme pour les nuls Jonathan Landraw & Stephan Bodian PDF, ePub, mobi, Loin d'être une mode, cette quête de spiritualité reflète à la fois une fascination pour des rites ancestraux ainsi qu'un besoin d'aventure intérieure et d'une meilleure connaissance de soi. Joyau parmi les trésors de la spiritualité indienne, le bouddhisme naquit il y a environ 2500 ans dans les plaines centrales du Gange. Au cours des siècles, il s'est étendu à bien d'autres pays absorbant une bonne part des traditions locales rencontrées et se transformant à leur contact. Sagesse ancestrale indienne, le bouddhisme séduit aujourd'hui le Nouveau Monde.

Destinés à un très large public, Le Bouddhisme Poche pour les Nuls apporte une véritable initiation et propose un cheminement qui va de la découverte du bouddhisme jusqu'à leur application quotidienne.

S'adressant au néophyte comme à l'initié, ce livre permettra à chacun d'approfondir son sentiment de bien-être et de

s'épanouir davantage.

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