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Bernard Geberowicz
Colette Barroux-Chabanol

Le couple face à l'arrivée de l'enfant

Surmonter le baby-clash



■ Albin Michel

Lire des ebooks Le Couple face à l'arrivée de l'enfant Bernard Geberowicz & Colette Barroux PDF, ePub, mobi, Aujourd'hui plus que jamais, la naissance d'un enfant représente un risque de crise pour le couple. Les futurs parents ne sont pas toujours préparés aux remaniements qu'impose la réalité de cet événement. Et souvent, au baby-blues succède un baby-clash.

Bernard Geberowicz, psychiatre et thérapeute familial, éclaire avec la journaliste Colette Barroux-Chabanol les raisons, notamment sociologiques et culturelles, qui font de ces moments un passage si délicat à traverser. Ils disent comment déjouer les pièges, désamorcer les malentendus, se protéger des conseils bien intentionnés de tout bord afin de rétablir la communication au lieu de s'accuser mutuellement.

Accepter l'autre et reconnaître la différence de perception est essentiel, dans le couple comme ailleurs : ce livre donne les clés pour construire la toute nouvelle famille sur des bases positives et renforcer ainsi la relation de couple.

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If you realize your **le couple face à l'arrivée de l'enfant** so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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