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Un guide compagnon pour prendre soin de son bébé autrement, de façon plus naturelle et plus respectueuse de ses besoins.

Une mine de conseils et d'informations pour savoir ce qui est réellement bon pour la croissance, le développement et l'épanouissement de bébé. Un guide écrit par une équipe de professionnels favorables au respect des processus naturels et à la reconnaissance des médecines alternatives pour soigner bébé :

Dominique Leyronnas, pédiatre néonatalogiste en maternité

Isabelle Gambet Drago, kinésithérapeute, masseuse de bébés

Danielle Belforti, praticienne et formatrice massage des bébés selon la tradition ayurvédique

Jean-Marie Briand, ostéopathe

Christian Arizi, médecin homéopathe, ostéopathe, acupuncteur

Alain Benoit, pédiatre

5 chapitres :

Un bébé bien accueilli : la naissance

Un bébé bien nourri

Le bien-être de bébé

La santé de bébé

Un bébé écolo

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