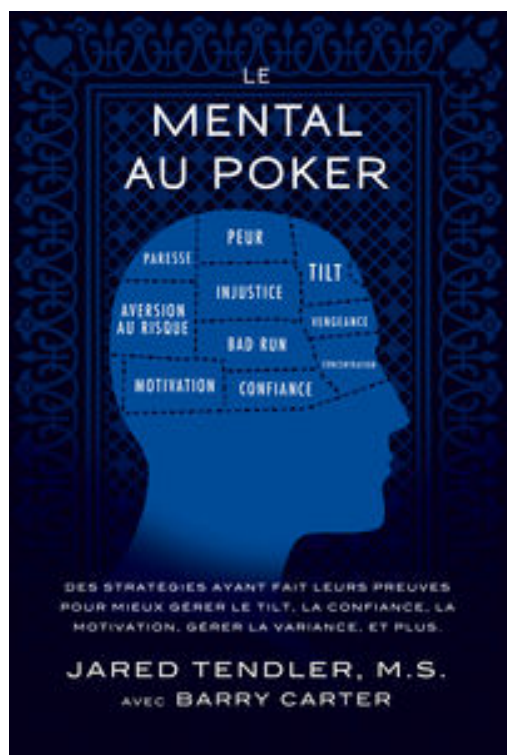


Lire Des Ebooks Le Mental Au Poker Jared Tendler & Barry Carter PDF, EPub, Mobi



Lire des ebooks Le Mental Au Poker Jared Tendler & Barry Carter PDF, ePub, mobi, Le mental est peut-être encore plus important au poker que dans n'importe quelle autre forme de compétition. C'est un des seuls jeux au monde où vous pouvez jouer parfaitement et perdre - encore et encore. Des centaines de joueurs de poker se sont tournés vers le coach mental Jared Tendler et son approche révolutionnaire pour les aider à jouer leur meilleur poker, quelle que soit l'intensité de leur bad run. Dans ce livre vous trouverez des instructions simples, "étape par étape", ainsi que des techniques prouvées permettant de résoudre de façon permanente des problèmes comme le tilt, faire face à la variance, le contrôle émotionnel, la confiance, la peur et la motivation. Les parties devenant de plus en plus difficiles, il est temps d'aborder ces problèmes de front.

Découvrez le travail sur le tilt le plus abouti qui ait jamais été fait. Lisez les témoignages de huit joueurs qui ont fait des progressions majeures en utilisant les techniques de Jared. Motivez-vous avec des méthodes utilisées par des SuperNova

Elites.

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