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Saverio TOMASELLA

## Les amours impossibles

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"L'amour, c'est la passion", "Personne ne veut de moi", "Je suis volage, c'est tout", "J'attends de rencontrer le "bon"..." Voilà autant de phrases que nous entendons ou prononçons, autant de croyances auxquelles nous nous attachons, sans comprendre qu'elles nous mènent bien souvent et malgré nous à l'impasse amoureuse.

A travers de nombreux exemples, et six portraits cliniques particuliers, Saverio Tomasella dessine peu à peu les parois imperceptibles de nos prisons intérieures. Méfiance, jalousie, avidité des sentiments, peur de l'engagement ou quête de perfection font écho à nos anciennes histoires et freinent celles que nous désirons aujourd'hui. Il s'agit alors de poser les bons mots, de regarder ses propres failles, de se départir des préjugés et de voir au-delà des apparences. Il s'agit

surtout de se découvrir soi, pour réellement s'ouvrir à l'autre et rendre l'amour possible.

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