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Lire des ebooks Les Esprits de la nature Yann Lipnick PDF, ePub, mobi, Au-delà des mythes et des légendes, Yann Lipnick nous entraîne à la rencontre du monde magique de la nature et des êtres qui la peuplent (fées, elfes, dragons...). Il nous fait découvrir leurs particularités bioénergétiques et nous livre certains de leurs messages. Grâce à des pratiques de mesures clairement expliquées, le lecteur est invité à valider la réalité de leur existence. L'auteur nous ouvre ensuite aux nouvelles possibilités offertes par la bioénergie. De nombreuses techniques simples et originales - ne nécessitant aucun instrument et reposant sur le ressenti du champ d'énergie vitale - peuvent être mises en œuvre afin d'améliorer et transformer notre quotidien, et surtout retrouver notre pouvoir créateur. Enfin, grâce à une description précise des phénomènes géobiologiques, il nous permet d'accéder à un monde méconnu. Là encore, nous sont proposées des méthodes pour préserver l'équilibre écologique et utiliser au mieux le potentiel de notre belle planète, Gaïa.

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