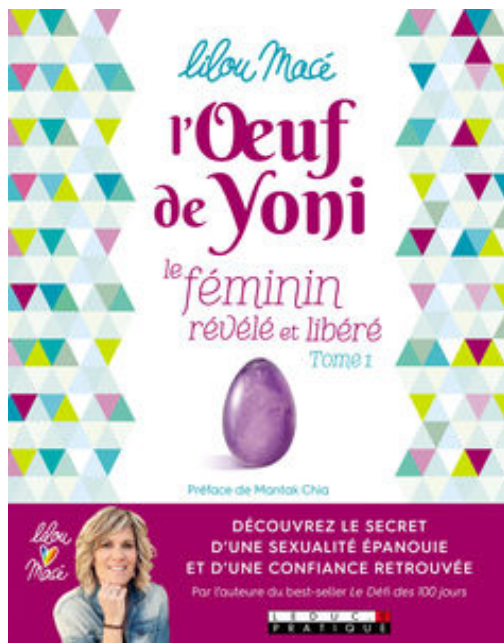


Lire Des Ebooks L'Oeuf De Yoni Lilou Macé PDF, EPub, Mobi



Lire des ebooks L'Oeuf de Yoni Lilou Macé PDF, ePub, mobi, Utilisé depuis des milliers d'années en Asie, l'oeuf de yoni trouve désormais toute sa place en Occident dans une période marquée par d'intenses changements pour les femmes. Produisant de nombreux bénéfices sur le bien-être, la santé intime et la sexualité, l'oeuf de yoni permet aux femmes de révéler et de libérer leur puissance et leur beauté intérieure.

Adolescentes ou ménopausées, célibataires ou en couple, jeunes mamans ou sportives, des plus coquines à celles qui rêvent de booster leur libido, chaque femme découvrira des pratiques et des rituels adaptés.

Dans ce livre, vous allez enfin découvrir toutes les clés pour utiliser les oeufs de yoni :

Les effets de la pratique : tonifier son périnée, intensifier ses orgasmes, mieux se connaître, s'ouvrir à son féminin sacré, retrouver confiance et féminité...

Les étapes pour bien débuter : la première fois, quand pratiquer, combien de temps, à quel rythme...

Les rituels et pratiques à suivre pour un usage simple et efficace au quotidien.

Les précieux conseils et les témoignages d'utilisatrices et d'experts internationaux.

Des fiches sur les effets thérapeutiques des pierres des oeufs de yoni et des indications pour les choisir et les entretenir.

Avec des interviews de Mantak Chia, Aisha Sieburth, Jutta Kellenberger, Sarina Stone, Minke de Vos, Shashi Solluna, José Toirán, et l'expertise de spécialistes de la santé et des pierres.

EN BONUS : téléchargez gratuitement un journal de bord pour accompagner votre pratique de l'oeuf de yoni !

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Lire des ebooks L'Oeuf de Yoni Lilou Macé PDF, ePub, mobi, The regular type of help documentation is really a hard copy manual that's printed, nicely bound, and functional. It operates as a reference manual - skim the TOC or index, get the page, and stick to the directions detail by detail. The challenge using these sorts of documents is the fact that user manuals can often become jumbled and hard to understand. And in order to fix this problem, writers can try and employ things I call "go over here" ways to minimize the wordiness and simplify this content. I've found this approach to be extremely ineffective most of the time. Why? Because **l'oeuf de yoni** are considered unsuitable to get flipped through ten times for just one task. That is what online assistance is for.

If you realise your l'oeuf de yoni so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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