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Lire des ebooks Mamans ! On vous dit tout... Sylvie Coché PDF, ePub, mobi, Grossesse, Accouchement... La sage-femme au 10 000 bébés répond à toutes vos questions Sylvie Coché est sage-femme depuis près de trente ans. Elle a mis au monde plus de 10 000 bébés et répondu à toutes les questions que peuvent se poser des futures ou jeunes mamans. Autant dire qu'elle est incollable sur le sujet !

Avec empathie, elle répond dans son nouveau livre à toutes les interrogations des mamans ! Elle revient aussi sur les idées reçues ou les amalgames. Alimentation, santé, sexualité, famille, fratrie, animaux, allergies, nausées, sommeil... La liste est longue !

Pour chaque question, une réponse claire, argumentée, simple... et une pointe d'humour afin de dédramatiser et de sourire ! La grossesse est une période source de stress et d'interrogations. Avec sa franchise et son expertise, Sylvie Coché va permettre aux mamans de gérer au mieux ces mois

essentiels dans la vie d'une femme et de combattre les idées fausses qui circulent abondamment sur le net et ailleurs...

Une parole rassurante, autorisée. Un livre à mettre entre toutes les mains !

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