

Lire Des Ebooks Quand Les Ados Prennent Le Pouvoir Pascal MAQUIN PDF, EPub, Mobi



Lire des ebooks Quand les ados prennent le pouvoir Pascal MAQUIN PDF, ePub, mobi, Mais qu'arrive-t-il à mon ado ? Que faire quand, soudainement, tout nous échappe, quelle que soit la "bonne" éducation que l'on a tenté de lui inculquer ? Comment réagir lorsqu'il sèche les cours, fume des joints, fait le mur... Ou quand il passe plus de temps sur son smartphone que sur ses devoirs. Comment répondre à l'agressivité verbale ou physique ? Comment sortir du conflit lorsqu'il devient quotidien ? L'adolescent est un adulte en devenir, d'une grande fragilité émotionnelle car il traverse une période de bouleversements physiques et psychologiques. Ce guide pratique, fruit de l'expérience de l'auteur en tant qu'éducateur spécialisé, présente les relations qu'entretiennent les adolescents avec le monde qui les entoure et leur manière d'appréhender "l'autre", aussi bien au sein de la société et de leur famille que parmi leur groupe d'amis. Il met en avant les difficultés rencontrées à cette période délicate et propose des conseils pratiques, simples et efficaces, pour imposer des règles adaptées et affirmer ainsi

votre autorité légitime de parents en étant capables de différencier l'acceptable de l'inacceptable. Le guide éducatif incontournable pour gérer les crises de l'adolescence... avec de la patience et beaucoup de bon sens !

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