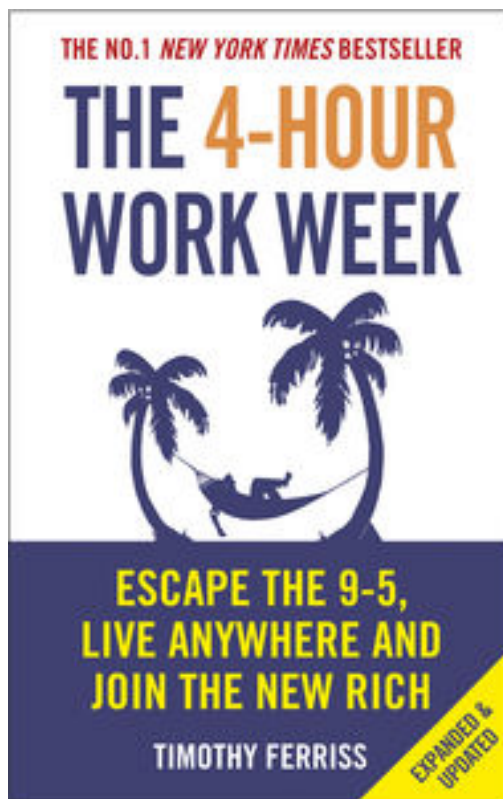


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- \* How to outsource your life to overseas virtual assistants for \$5 per hour and do whatever you want
- \* How blue-chip escape artists travel the world without quitting their jobs
- \* How to eliminate 50% of your work in 48 hours using the principles of a forgotten Italian economist
- \* How to trade a long-haul career for short work bursts and frequent 'mini-retirements'.

This new updated and expanded edition includes:

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- \* Real-world templates you can copy for eliminating email, negotiating with bosses and clients, or getting a private chef for less than £5 a meal
  - \* How lifestyle design principles can be suited to unpredictable economic times
  - \* The latest tools and tricks, as well as high-tech shortcuts, for living like a diplomat or millionaire without being either.

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