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JEANNE SIAUD-FACCHIN

**TROP INTELLIGENT  
POUR ÊTRE HEUREUX ?**  
L'ADULTE SURDOUÉ



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Être surdoué est une richesse. Mais c'est aussi une différence qui peut susciter un sentiment de décalage, une impression de ne jamais être vraiment à sa place.

Comment savoir si on est surdoué ? Comment alors mieux réussir sa vie ? Comment aller au bout de ses ressources ?

Ce livre permet de mieux comprendre et de réapprivoiser sa personnalité. Pour se sentir mieux avec soi et avec les autres, pour se réaliser enfin.

Ancienne attachée des Hôpitaux de Paris et de Marseille, Jeanne Siaud-Facchin est psychologue praticienne. Spécialiste reconnue des surdoués, elle est notamment l'auteur de *L'Enfant surdoué*, le livre de référence sur ce sujet. Elle a également créé Cogito'Z, premiers centres français de diagnostic et de prise en charge des troubles des apprentissages scolaires.

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