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Lire des ebooks Un bébé enfin Réjane Éreau PDF, ePub, mobi, La médecine occidentale avait dit à Réjane Éreau qu'elle n'aurait jamais d'enfant. Huit mois plus tard, elle est enceinte... Comment expliquer le miracle ? L'auteure, au fil des pages, raconte son parcours, ponctué de rencontres avec des femmes de tous horizons, mais aussi avec des spécialistes de la naissance et de la fertilité, des psychothérapeutes, des maîtres spirituels, des praticiens d'approches alternatives ayurveda, hypnose, méditation, chamanisme... esquissant au gré de son enquête une nouvelle écologie de l'être. Poursuivant son odyssée au cœur de la maternité, elle plonge dans l'intime pour souligner combien concevoir un bébé, le porter, le mettre au monde et s'occuper de lui peut être source de révolution intérieure et d'évolution. Comment accueillir une âme ? Qu'avons-nous à y apprendre ? Un récit captivant et inspirant pour toutes les femmes... et les hommes aussi !

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