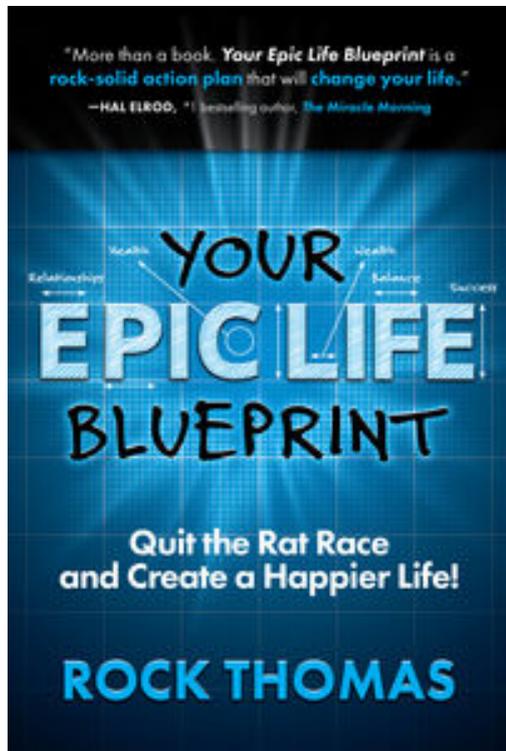


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Your Epic Life Blueprint is not so much a self-help or personal-growth book as it is a personal change tool.

Discover your unique abilities, get in touch with your inner badass, and accelerate toward the extraordinary life you've always dreamed about, complete with peace and personal freedom.

For over a decade, Rock Thomas has taught people how to get out of the rat race and create lives full of meaning, adventure, and fulfillment. Now, it's YOUR turn to create an epic life using Rock's cutting edge self-development techniques.

After studying with some of the most successful business people and mastermind mentors in the world, Rock identified ten principles—that when acted upon consistently—result in measurable increases in performance and high levels of success. Rock will guide you through step-by-step actions to create a tested blueprint to "whole-life wealth".

Each life blueprint will be as unique as you are. Through exercises and actionable steps, you'll recharge areas of your life that have been running on autopilot. This disruption of your comfort zone will totally change your life!

How This Book will Propel you from Motivated to Life-Changing Action

- Uncover hidden beliefs holding you back and answer powerful questions to supercharge everything you do.
- Procrastination and roadblocks will vanish once you discover the "why" about what matters most to you.
- Willpower alone doesn't work. Rock teaches you how to conquer mental and physical fatigue and build astonishing momentum toward your goals.
- Stunningly simple tactics to 10x your productivity.
- Crystal-clear logic you'll come up with yourself will help you stick to it, even when the going gets tough.
- Smart ways to deal with toxic relationships, so you can form support systems to rocket you

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